



EXERCISE SCORE SHEET

**To record your scores
for the 30-Day course
to improve your voice**

PETER BAKER & MARK LAXTON

VOICEOVERMASTERCLASS.COM



VOICEOVER MASTERCLASS

**This free resource is brought to you from the team at
www.VoiceoverMasterclass.com**

**This PDF is part of the course;
30 Days To A More Powerful Confident Voice!**

Meet The Voiceover Masterclass Team



Peter Baker has been in broadcast media all his working life. He is a radio presenter, voice artist, podcast producer and TV producer & director with many years working at BBC TV and ITV Granada.

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Mark Laxton is a course creator and marketing specialist as well as an author and publisher. He has helped many individuals and organisations reach success with his honest and effective marketing systems.

marklaxton.com



Katy Brody is a professional presenter, voice talent and podcaster and is an expert in the look and image of presenters and TV sets, Katy has years of experience in business media productions for many top clients.

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Complete this section before you start the course. It's important for you to identify and honestly admit to the problems and issues that you want help in solving. This way, it will be clearer in your mind when you go through the course to pick up and understand the relevant points that you need.

IDENTIFY THE ISSUES THAT YOU'D LIKE THIS COURSE TO ADDRESS:

ISSUE YOU WISH TO ADDRESS:	TICK:
A voice that is too high	
A voice with no "light" and "shade"	
Boring voice	
Breathing too fast or inefficiently	
Commanding attention and authority	
Confidence speaking	
Difficulty communicating in noisy environments	
Difficulty in reading to others convincingly	
Difficulty in fully relaxing	
General confidence with others	
Heavy accent that needs working on	
Lack of vocal power when "shouting"	
Lacking charisma in the voice	
Monotone voice	
Not aware of other's body language	
Physical posture	
Problems communicating ideas to others	
Sibilance issues with the voice	
Speaking too fast	
Stress	
Unclear voice	
Weak voice with little resonance	

EXERCISE SCORE SHEET

On the first day of the course, I asked you to record yourself replying to different people asking you a casual question: **“What are you doing the rest of today?”**

Either yourself or with a trusted friend or partner, score yourself out of ten for each of the categories. 10 is good, 0 is bad! At the end of the 30 days, I'll ask you to score yourself again to see your improvements.

REPLY TO YOUR BEST FRIEND:

Category	Score out of 10
VOICE RELEVANCE How well did you change your voice talking to different people? If you can hear a good variation in voice style and emotion, give a high score. If the recordings sound similar, give a low score.	
CONFIDENCE Try to mark yourself fairly for your confidence levels. Could you have sounded more confident at all? Think about how you could have achieved that.	
STUTTERING This is not just classical stuttering but any imperfections that waste time and create frustration in listeners such as saying “er...” “mmm...” or repeating words at the start of sentences.	
CLARITY Forgiving the quality of recording equipment, how clear is your speech? Do you hear words being slurred or mumbled?	
SPEED Are you gabbling away, making it hard to keep up, or just so slow, the listener will get bored or simply butt in?	
RESONANCE Try to score your voice for richness, deep velvet quality, general “listenability”	

REPLY TO YOUR BOSS:

Category	Score out of 10
VOICE RELEVANCE How well did you change your voice talking to different people? If you can hear a good variation in voice style and emotion, give a high score. If the recordings sound similar, give a low score.	
CONFIDENCE Try to mark yourself fairly for your confidence levels. Could you have sounded more confident at all? Think about how you could have achieved that.	
STUTTERING This is not just classical stuttering but any imperfections that waste time and create frustration in listeners such as saying "er..." "mmm..." or repeating words at the start of sentences.	
CLARITY Forgiving the quality of recording equipment, how clear is your speech? Do you hear words being slurred or mumbled?	
SPEED Are you gabbling away, making it hard to keep up, or just so slow, the listener will get bored or simply butt in?	
RESONANCE Try to score your voice for richness, deep velvet quality, general "listenability"	

REPLY TO YOUR PARTNER OR FLAT MATE:

Category	Score out of 10
VOICE RELEVANCE How well did you change your voice talking to different people? If you can hear a good variation in voice style and emotion, give a high score. If the recordings sound similar, give a low score.	
CONFIDENCE Try to mark yourself fairly for your confidence levels. Could you have sounded more confident at all? Think about how you could have achieved that.	
STUTTERING This is not just classical stuttering but any imperfections that waste time and create frustration in listeners such as saying "er..." "mmm..." or repeating words at the start of sentences.	
CLARITY Forgiving the quality of recording equipment, how clear is your speech? Do you hear words being slurred or mumbled?	
SPEED Are you gabbling away, making it hard to keep up, or just so slow, the listener will get bored or simply butt in?	
RESONANCE Try to score your voice for richness, deep velvet quality, general "listenability"	

REPLY TO A COMPLETE STRANGER:

Category	Score out of 10
VOICE RELEVANCE How well did you change your voice talking to different people? If you can hear a good variation in voice style and emotion, give a high score. If the recordings sound similar, give a low score.	
CONFIDENCE Try to mark yourself fairly for your confidence levels. Could you have sounded more confident at all? Think about how you could have achieved that.	
STUTTERING This is not just classical stuttering but any imperfections that waste time and create frustration in listeners such as saying "er..." "mmm..." or repeating words at the start of sentences.	
CLARITY Forgiving the quality of recording equipment, how clear is your speech? Do you hear words being slurred or mumbled?	
SPEED Are you gabbling away, making it hard to keep up, or just so slow, the listener will get bored or simply butt in?	
RESONANCE Try to score your voice for richness, deep velvet quality, general "listenability"	

COMMUNICATION SKILLS

Maybe your voice quality is absolutely brilliant, but you just haven't got the confidence to use it in public, or with new people, or in the workplace. So I hope you have appreciated that we have done an many activities over these weeks to try and cover the needs of all sorts of people who will take this course. And I'm sure that you have cherry picked the bits that are the most beneficial for you.

I'd like to share with you, a sort of "Greatest Hits" of communication skills. These seven tips that are coming up now are key to developing a confident, clear, attractive voice in conversation.

One. When somebody asks you a question, or engages in conversation, don't rush to reply to them. Have the confidence, to give yourself a second or two to process the information, but make sure you engage eye contact, to show the person that you have heard what they have said, and that you are about to reply. Blurting out the first thing that comes into your head is not a good idea, as the words may not be the best possible choice, and the body language may not be right as well. Those extra seconds of thinking, and composing yourself, will make all the difference.

Two. Slow down. If you've done the speed tests I have given you in this course, you will know how important it is to keep at the optimum speed for most listeners who have English as a native language. Most people, generally, speak too fast, and it's better to be slightly too slow, than too fast.

Three. Do you think you speak loud enough? You may think you do, but most of us do not. Just because you can hear your own voice in your head clearly and loudly, does not mean that the other person can as well. Boost that volume up 20%! This also psychologically boosts your confidence, and authority.

Four. Never forget the power of the pause. Have the confidence that other people are not going to butt in. As long as it looks as if you are going to continue, by using the correct positive body language and eye contact, people will wait for you. That pause can add to the dramatic effect, and authority of your voice, as well as giving the listener time to assimilate what you have just said.

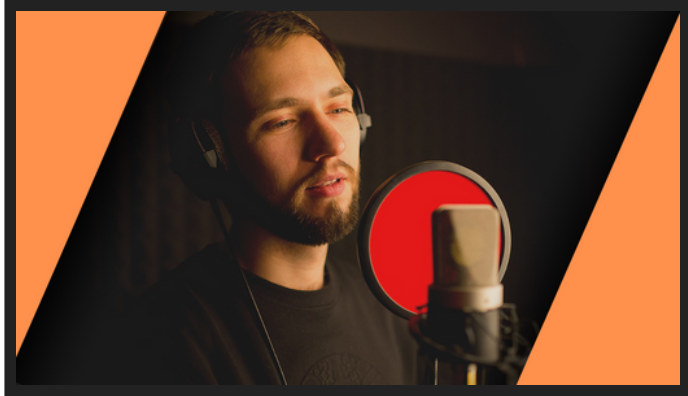
Five. Also, never forget the power of passion. If you really believe in something, and it doesn't matter what it is, from something trivial like what you would like for dinner tonight, to something important like giving a business presentation or even a political speech, really FEEL that passion, BELIEVE in what you are saying, and it will automatically transfer into the power of your speech.

Six. Remember the emphasis words. Don't let the important parts of your conversation get lost by speaking them at a similar volume and tone as the rest. Over emphasis, can be quite endearing in a voice, so try this for a while, and then pull it back, if it doesn't quite suit your style, or you feel you're over doing it!

Seven. Finally, please drink pure water regularly, eat well, sleep well; keep generally fit, and continue to do the basic voice exercises that I have taught you in this course, and your voice will improve even more.

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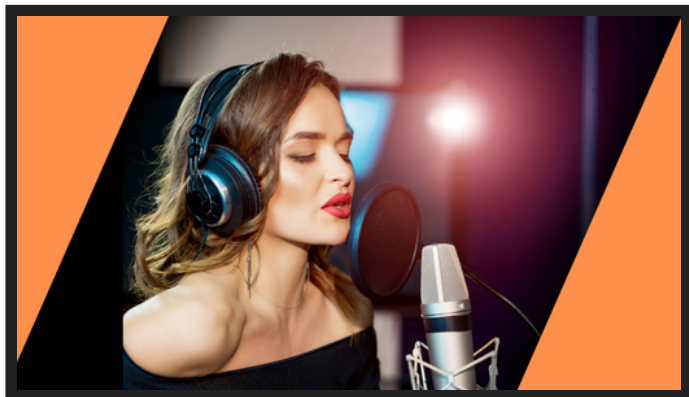


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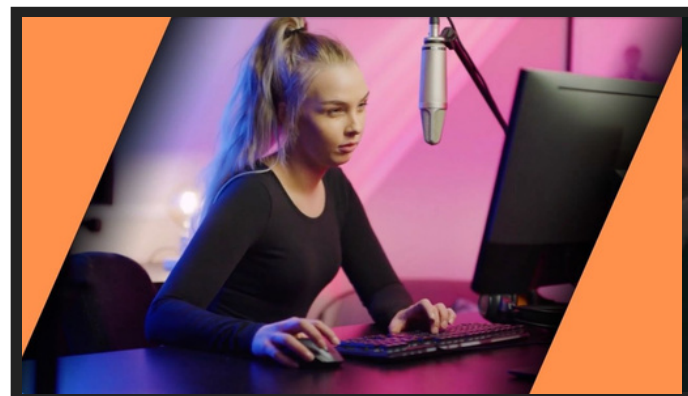
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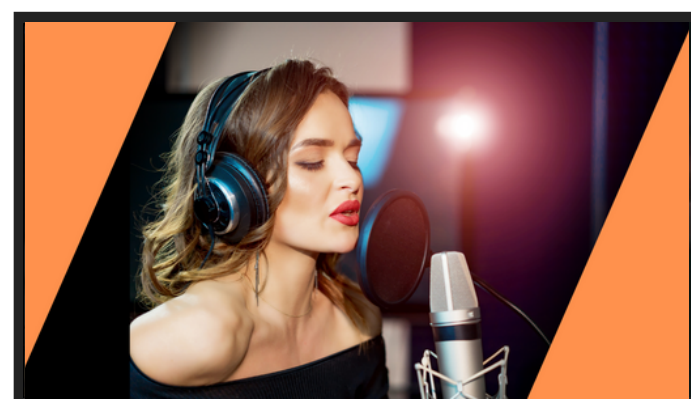
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